

**Motor home Trip
Ile de Ré
July 2018**



Thursday 12 July

Today we joined Mike and Thyra at the campsite in La Flotte, Ile de Ré which is an island north of La Rochelle. You reach the island by a toll bridge (16.50 Euros) and we were instantly wowed by the lovely sandy beaches. There are sandy beaches along the south-western side and salt and oyster beds along the north-eastern coastline. We cycled through the narrow cobbled streets that were lined with hollyhocks for cocktails at the pretty La Flotte port and afterwards Mike and Thyra cooked us a barbecue supper.





Friday 13 July

An indoor food market with amazing fish counters



The island is very flat and full of cycle lanes and today we cycled across fields of wheat (they seem to grow a short version), grapevines, sunflowers and vegetables. Spent the day on the beautiful sandy Blois-Plage-en-Ré, must have cycled about 10 miles. The market was on in the town where there were lots of stalls selling up-market clothes and many interesting touristy shops. Five minutes walk through the forest behind the campsite is a fantastic Intermarche supermarket. They have an fabulous display of fresh fish including lobsters, oysters, crabs and langoustines. We sampled a bottle of local red wine and it was very good. Enjoyed a fishy barbecue, Mike is getting very adventurous with his cooking. Marvellous relaxing day. We love this place!



Blois-Plage-en-Re

Saturday 14 July – St Martin de Ré

A long cycle ride to the island's capital St Martin.





After oysters for lunch we found a cafe by the marina where we drank more wine and beer while watching England get beaten into 4th place by Belgium.



Cycled back to La Flotte beach. It was a shame but I think I had too much of everything, too much sun and too much to drink on an empty stomach. We had a table booked in a restaurant in the port but as I was really unwell the others decided to stay at the campsite and have another barbecue. The Bastille Day celebrations at the port were in full swing with very loud music and fireworks. How disappointing for everyone that I felt so terrible.

Sunday 15 July



Donkeys are big here, The proper working donkeys used to wear pyjamas to protect their legs from mosquitoes and other insects on the salt marshes. There are many souvenir shops selling donkey milk, donkey soap and other donkey products.

I've shaken off whatever it was and today we go home. It's been all too short and we absolutely love it here so a return visit is a definite. Back to the house to watch the World Cup Final between France and Croatia.



The bridge that links Ile de Re to the mainland